

## MEETING OF COUNCIL

### Minutes of the meeting held on 21 November 2018 Council Chamber, The Royal College of Anaesthetists

#### Members attending:

Prof R Mahajan, President	Dr S Ramsay
Dr S Fletcher, Vice-President	Dr C Shannon
Dr L Brennan	Dr H Johannsson
Prof M Mythen	Dr M Forrest
Dr W Harrop-Griffiths	Dr J Strachan
Prof J Pandit	Dr C Waldmann
Prof M Grocott	Dr B Miller
Dr F Donald	Dr D Selwyn
Dr D Bogod	Dr D Lowry
Dr K Ramachandran	Dr P Clyburn (AAGBI)
Prof E O'Sullivan	Dr M Nixon
Dr L Williams	Dr C Pellowe
Dr R Perkins	

**In attendance:** Mr T Grinyer, Ms S Drake, Mr R Ampofo, Mr M Blaney, Ms K Stillman, and Ms C Mayall (minutes).

#### Apologies for absence:.

#### 1. Introductions and apologies

The President gave apologies for Dr Janice Fazackerley, Dr J Cheung, Dr Kirstin May, Professor Judith Hall, Dr Kathleen Ferguson.

The President welcomed Prof Lambert (BJA), Paul Clyburn (Association of Anaesthetists) and Dr Rayya Alharta (Dr Bogod's trainee) to the meeting.

#### 2. Regional Advisers Anaesthesia

The President introduced Helena Scott (RAA South East London), Dr Ros Bacon (RAA Imperial), Dr Richard Laird (RAA Northern Ireland) who gave overviews of key issues in their region.

Dr Scott is the new Regional Advisor for South East London, having been at Guys and St Thomas' for 20 years. Dr Scott reported that the remit throughout London and Kent is wide, which is challenging when planning rotations, and this is reflected in the GMC survey results. The region has not been at the forefront of academic anaesthesia, but huge opportunities are coming up to engage in clinical research. They attract and retain good trainees and engagement with the College is important.

Dr Bacon is a cardiac anaesthetist at Imperial Hammersmith and is also a final examiner. Imperial is a small school geographically but one of the largest in terms of trainees. Dr Bacon reported that pressures to deliver necessitate a number of 3 and 6 month rotations. A review of this last year found that trainees can see the advantage and would prefer to stick with a more bespoke programme. Morale and welfare are very important but 2017 was a difficult year, and Imperial responded by organising a wellbeing event which was successful, and they now plan to do it at least twice a year. They are considering developing an ST6 year, involving coaching and mentoring sessions, CV writing and interview practice. Dr Bacon

added that the local administrator Teri Stewart is invaluable and acts as guide and mentor and has been a consistent and excellent part of the school.

Dr Laird is a consultant anaesthetist in Northern Ireland. He reported that there are 130 trainees who work throughout five Trusts. Brexit has the potential to make a huge impact as the hospital is 4 miles from the border and a number of staff live in the Republic of Ireland. It's a rural area with a high level of deprivation and obesity and alcoholism. The population increase, particularly in those over 65, will have a big impact. There are plans for a second postgraduate medical school but it's been held back by the lack of devolved government. He reported that the implementation of the lifelong learning platform has gone smoothly.

### 3. Council Minutes

**Motion:** Council approval was requested for the minutes of Council held on 17 October 2018.

The minutes from the last meeting of the Council were approved.

### 4. Matters Arising

4.1 SAS Committee. The Associate Specialist grade statement is being discussed at Academy Council today.

### 5 Major items of business

#### 5.1 Cappuccini test

Dr Bogod presented on the results of the Cappuccini test.

Dr Bogod thanked Emily Basra, Dr Rayya Alharthi and Council members who participated.

Discussion:

- a) Dr Nixon noted the Cappuccini test fits within the topic of safe staffing. She felt it would be a good idea to define whether the supervisor is in a position to provide adequate supervision and to add a sixth question into the test to determine this.
- b) Dr Harrop-Griffiths noted that NHS Improvement have appointed Dr Aiden Fowler as National Director of Patient Safety and this could be a good time to approach him about the Cappuccini test.

#### 5.2 British Journal of Anaesthesia presentation

Professor David Lambert gave a presentation on the British Journal of Anaesthesia.

- a) Professor Lambert noted that the BJA and the College have discussed our common interests at length and now have a formal MOU.
- b) He noted that the BJA would like to move towards digital copies of the Journal and discussions with the College and Elsevier are ongoing.
- c) The Journal are working to increase their international reach.

#### 5.3 Changes to the Faculty of Intensive Care Medicine (FICM) Regulations

Dr Carl Waldmann presented changes agreed by the FICM Board on the fellowship and associate fellowship of the Faculty and changes required following the creation of the RCoA's Board of Trustees.

**Motion approved:** Council **approved** the proposed changes to FICM's regulations.

## 5.4 Strategy weekend

- a) We need to ensure that at the next strategy weekend, actions are assigned a lead point to ensure responsibility.
- b) Consider running an in-house course for new trustees. However, Dr Johannsson felt that the course was valuable in part due to sharing of knowledge with other charities.
- c) The majority of actions from the strategy weekend are complete.
- d) Dr Perkins will arrange the next strategy weekend and any volunteers should speak to him directly.

**Action:** Council members to contact Dr Perkins if they wish to co-chair the strategy weekend with him and suggest topics.

## 6 President's statement

Sadly the following deaths were reported and the Council were upstanding for a minute's silence in remembrance of the recently deceased:

- Prof Tim Evans
- Prof Bill Mapleson
- Prof Tom Healy
- Dr Kester Brown
- Dr Alexander Fletcher
- Dr Winifred Finlay
- Dr Ruth Irvine
- Dr Kirsteen Dewar

- a) The President met with Professor Alderson, President RCS England, and later that day Dr Bod Goddard, the new RCP London President and have now formally written to both of them and RCGP to ask them to join the steering group of the Centre for Perioperative Care. The President will be meeting the acting CEO of RCN next Monday and will ask them to also join.
- b) It's been a successful month in the media after meeting with journalists from The Times and Health Service Journal resulted in extensive coverage.
- c) The Senior Fellows and Members Club meeting took place on 6 November in Dundee and last week the Scottish Society for Anaesthesia 2018 Winter Scientific Meeting took place, also in Dundee. Both events were a success.
- d) Yesterday the College met with James Kent, the Prime Minister's adviser on health at No.10. This followed a meeting with the Minister of State at the Department of Health, Steve Barclay, on 5 November where workplace bullying and PA(A)s were discussed. The President gave thanks to Chris Woodhall in securing these appointments and briefing.
- e) The Board of Trustees meeting will take place on 12 December. Council Christmas dinner will take place the night before.

## 7 Board Reports, Discussion items and Motions (Chair with Director to present)

### 7.1 Clinical Quality and Research Board

- a) Council received and considered the minutes of the Clinical Quality and Research Board held on 19 September 2018 (enclosed).
- b) Safe anaesthesia liaison group.
  - The new collaboration aims to prevent duplication across SALG and the Association and have a more joined-up strategy. A 3-year budget has been agreed with costs shared between the RCoA and the Association. The RCoA will continue to manage administration. Marketing and communications will be joint across both organisations. Budgets will be approved at Finance and Resources Board and Board of Trustees.

- The working title is the Anaesthesia Safety Group, but Professor Grocott felt that the words 'patient' and 'safety' should be included as it needs to be seen to be patient-focused.

**Motion approved:** Council **approved** the proposed MOU and new collaboration.

**Action:** Council members will be surveyed about the name of the group, along with the Association.

**c) Centre for Perioperative Care (CPOC)**

Professor Grocott presented papers for discussion.

- Dr Carey felt it would be more desirable to have standards than gold standards and noted the importance of considering what CPOC will do for trusts in the bottom quarter.
- Dr Pellowe asked if there will be an opportunity for Lay Committee members to be part of this process. Professor Grocott responded that there will be a number of working groups around individual areas and we would welcome lay involvement in these.
- Dr Donald asked for clarification around the appointment of the Board. The President advised this will be done as per our other boards – there will be an interview panel with external involvement and an election process for subsequent board chairs.

**d) Shared decision making initiatives.**

Council received a paper on two shared decision making initiatives.

POM Leadership Group have worked on two initiatives. The first is a course in collaboration with the AoMRC, financed by local hospitals. The College will develop the programme and oversee evaluations to ensure quality assurance.

The College was approached by ANZCA and the Peter Millar Cancer Centre. We worked closely with them to develop the 'Doug' script. We will be acknowledged and feels appropriate to badge it RCoA. Professor Grocott noted that it is a major strategic initiative and the College has had close involvement.

**Motion approved:** Council **approved** the co-badging of future AoMRC Shared Decision Making Courses.

**Motion approved:** Council **approved** the endorsement of the updated ANZCA 'Doug' video to incorporate Shared Decision Making.

## 7.2 Education, Training and Exams Board

- a)** Council received and considered the minutes of the Education, Training and Examinations Board held on 19 September 2018 (enclosed).
- b)** Dr Chris Carey presented on training curricula and asked for comments via email or in person.
- Professor Mythen asked if there is any evidence to support cognitive bias. Dr Carey responded that our breadth of practice and standard of practice is much higher.
  - Dr Mallinson noted that the College tried to implement a four-year training programme and it didn't work. Professor O'Sullivan noted that we also have reduced training numbers compared to other systems that have 4-5 year training programmes.

## 7.3 Association of Anaesthetists report

Council received and considered a report from the Association of Anaesthetists.

Dr Clyburn noted that the Association Board have decided to have an elected SAS member.

He noted that the Suicide survey has now closed and the results will inform the next piece of work to support departments dealing with this issue. The results of the Joint fatigue survey are currently being analysed.

## 8 CEO update (relevant to Council business)

#### a) Verbal update on nominations for Council and election

As of Monday we have received just over 2,000 consultant votes and 500 trainee votes. There have been no major issues though it was felt that the Audit and Internal Affairs Committee needs to be more precise in their guidance including how to treat people in abeyance because of maternity.

#### b) Verbal update on final version of 2016-2021 RCoA Strategy

The Board of Trustees have agreed the revised strategy (enclosed). This will be published within the next week. We will continue the practice of timing the AGM with major meetings. In 2019 this should be 21 May between 12.30 and 1pm.

Council requested that confirmed events be summarised in the form of a College calendar, alongside Outlook invitations, so that all Council members have sight of key meetings and events.

### 9 Regional Advisors Anaesthesia and Deputy Regional Advisers Anaesthesia

Council **agreed** the following appointments:

#### a. Regional Advisors Anaesthesia

**England**  
**East Midlands**

**Wessex**  
Dr J Chambers in succession to Dr I Mettam as RAA for Wessex from February 2019

#### Deputy Regional Advisers Anaesthesia

**Northern Ireland**  
Dr M Molloy in succession to Dr S-A Phillips as DRA for Northern Ireland

### 10 Devolved nation board/Faculty Board minutes

- a) Council received and considered the confirmed minutes of the RCoA Northern Welsh Board held on 16 October 2018 (enclosed).
- b) Council received and considered the unconfirmed notes of the RCoA Scottish Board held on 23 October 2018 (enclosed).

### 11 Report and any matters arising for Council from the Trustees meeting

None.

### 12 Matters for information:

- a) **Consultations:** Noted
- b) **New Associate Fellows, Members and Associate Members June 2018:** Noted
- c) **External reports received etc:** None

### 13 AOB & CLOSE

It was noted that the location for the next strategy weekend should be discussed.