

"In summary, Pain Medicine training is undertaken after commencement of anaesthetic training. There is a very specific training programme which can guide interested anaesthetists to their desired training level. Pain Medicine leads to interaction with varied patients from many different specialties and from both primary and secondary care. These patients may have seen many doctors prior to consultation and can be challenging but ultimately, the work can also be very rewarding."

Frequently Asked Questions

Q How do I train in Pain Medicine

A Pain Medicine is part of the curriculum for all anaesthetic trainees throughout their training. All trainees must complete basic and intermediate pain training in CT1-ST4. Higher and Advanced training is optional.

Q Is there any point in doing higher training if I do not want to become a Chronic Pain Specialist?

A Some anaesthetists may choose to develop an interest in managing Acute Pain. Higher training will enable those anaesthetists to develop skills in managing acute pain including acute pain that is associated with chronic and cancer pain.

Q Would undertaking higher and advanced training in Pain Medicine delay obtaining a Certificate of Completion of Training (CCT) in Anaesthesia?

A No. This is still compatible with obtaining a Certificate of Completion of Training (CCT) in Anaesthesia in the normal amount of time

Q Can I do my Advanced Pain Medicine Training abroad?

A Yes. This would be considered out-of-programme experience and the proposed year would require prospective approval from the Faculty of Pain Medicine.

TRAINING IN PAIN MEDICINE

The Faculty of Pain Medicine
of The Royal College of Anaesthetists

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Training in Pain Medicine

What is Pain Medicine?

The management of problematic pain in all age groups such as

- ACUTE PAIN (post-operative, post trauma/injury, pain as part of a medical condition)
- CHRONIC (persistent) PAIN
- CANCER PAIN (pain directly due to the tumour or secondary to cancer treatment)

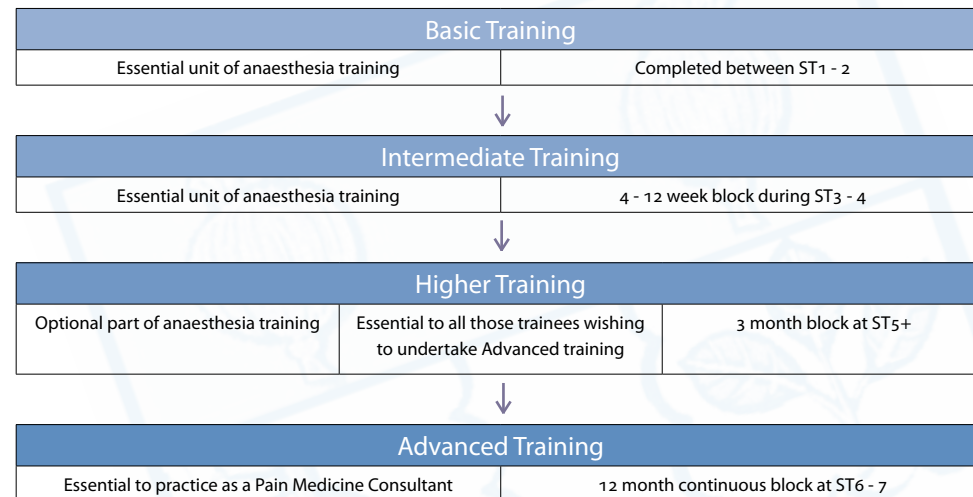
Prerequisites for Training

- For basic, intermediate and higher pain training you must be an anaesthetic trainee in a UK training post
- For advanced pain training you need to be a Fellow of the Royal College of Anaesthetists, i.e. have passed the final FRCA examination, or equivalent.

Day to day life of a Pain Medicine Doctor

- Working in a multidisciplinary team (including Doctors, Psychologists, Physiotherapists, Specialist Nurses)
- Patient education and counselling
- Complex medicines management
- Carrying out practical procedures such as local anaesthetic blocks and acupuncture
- Taking part in rehabilitation and Pain Management Programmes
- Some use specialised techniques such as spinal cord stimulation
- Working with other health care specialties for example Neurosurgeons and Rheumatologists
- Acute and Chronic Pain ward rounds
- Audit, research, teaching, training and management

The Pathway of Training



Advanced Training

12 months clinical placement at a designated multidisciplinary specialist centre(s)

Portfolio of pain related activities including: log book, CEX, DOPs, CBDs, and a fully referenced case study

FFPMRCA examination - entry exam taken during advanced year